

# TOP TEN RULES AT BADWATER 135

ALL of the Race Rules are important and must be followed!

See Badwater Magazine and [Badwater.com](http://Badwater.com) for ALL the rules!

## HIGH-VISIBILITY CLOTHING REQUIREMENTS:

ALL support crew members (except those actively pacing their competitor) must wear OSHA Class 3 high-visibility shirts at all times. These regulations may ONLY be met by wearing the special garments developed by ZZYXXZ in collaboration with BADWATER, or by wearing certified OSHA Class 3 shirts / jackets, such as those worn by highway workers. Running-type reflective vests, such as those by Nathan Sports, do NOT meet OSHA Class 3 requirements.

Competitors (and Pacers when allowed) may dress as they choose during daylight, but must wear 360 degree reflectivity (such as runner-type vests by Nathan Sports) and front and rear lights at night. (Competitors and Pacers are not required to wear the specific OSHA Class 3 garments that are required for all crew members, however that level of high-contrast reflectivity and visibility is highly recommended for competitors and pacers, too.)

In addition to the reflective garments, all crew members, pacers, and competitors must wear front and rear lights whenever they are outside of a motor vehicle during nighttime.



*This BADWATER ZZYXXZ t-shirt – short-sleeve, but with large reflective stripes on the sleeves – meets OSHA Class 3 reflectivity requirements for use during the event.*



*This generic "highway safety vest" meets OSHA Class 2 Reflectivity Requirements but NOT Class 3, therefore it is NOT acceptable for use by crew members during the event.*

## RUN SINGLE-FILE, ALWAYS / PACERS STAY BEHIND THEIR RUNNERS

Beginning immediately at the start line, competitors must not run next to other competitors or pacers, except when passing a slower competitor, which must be done quickly. All running must be single-file. Additionally, pacers may not run in front of, even slightly, competitors at any time. Pacers may only run next to their competitor if the pacer is OFF the road and left of the competitor AND is handing off supplies.

**ONLY ONE PACER / NO MORE THAN TWO CREW MEMBERS ON LEFT SIDE OF ROAD  
(INCLUDING ANY PACER):**

Any crew member running along with their competitor is considered a pacer and must wear the pacer's designated bib number (provided at Competitor Check-In).

Competitors may not be accompanied by pacers until Mile 42 at the Stovepipe Wells time checkpoint. Exception: competitors over the age of 65 may utilize a pacer from Mile 3.5 (Natural Bridge turn-off.) Blind Competitors may utilize a pacer / guide from the start line.

Any crew member running along - for more than a few moments - with their competitor is considered a pacer and must wear the pacer's designated number bib. If a competitor is running with a pacer, any additional crew members that are handing off supplies, or otherwise providing aid, must be off the roadway at all times (i.e. left of the white line on the shoulder) and may not run along with the competitor and pacer for more than a few moments.

No more than two crew members - including a pacer if one is present - may be on the opposite side (competitors' side) of the highway at any given time.

Always look and listen both ways before crossing the highways!

**ONLY ONE APPROVED VEHICLE and FOUR CREW MEMBERS ALLOWED AT THE RACE**

"Friends and Family" who aren't on the crew may only be present in Lone Pine and at the finish line; they may not stop anywhere else along the race course. No sponsor vehicles.

**SUPPORT VEHICLE SIGNAGE AND DECORATION**

Place Competitor #s (provided by the race organizers) on the front side, driver's door, right front passenger door, and back left of the support vehicle. Place CAUTION RUNNER on the back.

Vehicle windows may not be blocked or obstructed with any signage, paint, or similar.

Sponsor / Charity names and graphics may be placed on support vehicles on the left and right sides only, not on the front or rear.

Vehicles may not have any additional red or blue lights added to them which are visible while the vehicle is moving. Also, inflatable pool toys and other large decorative items may not be mounted to the roof of the vehicle.

**NO "TECH GADGETS" AND OUTSIDE ASSISTANCE!**

Competitors must progress under their own power without drafting (except other competitors during the first few miles), helping, pushing, supporting, or any other type of physical assistance. Competitors may not use walking sticks, ski poles, etc. So-called "cooling vests" or other types of artificial / technological cooling systems may not be worn or utilized by race entrants while making forward progress on the race course. (Ice, wet towels, water sprayers or misters, and such are fine and commonly used.) Neither competitors nor crew members may carry an umbrella or shade cover for a runner while the competitor is moving forward on the race course.

**BE SAFE!**

Safety is always the priority: Safety for competitors, crew, staff, and the general public. The roads are not closed for this event and are, in fact, quite busy with tourist and local traffic.

Crew members may not use illegal drugs, stimulants, or dope, as well as alcohol of any kind, during the race or at any official race events or activities.

## **DESIGNATED PARKING / NO PARKING ZONES**

Support vehicles may not stop during the one-mile stretch which begins at Harmony Borax Works at Mile 19.1, while runners pass through the curvy “Harmony Curves” section of Hwy 190. Each support vehicle should wait at Harmony Borax Works long enough to allow the runner to cover the next, mostly uphill, mile, then drive ahead (no stopping nor slowing Mile 19.1 to 20.1).

On the Father Crowley / Panamint Pass climb (a 12.2-mile stretch from Time Checkpoint 4 at Panamint Springs Resort at Mile 72.8 to the unmarked summit at Mile 84.9), support vehicles may only stop at eight designated locations along the route. These are identified in the magazine and with signage along the roadway. See the route sheet in the magazine.

### **ADDITIONAL SPECIAL RULES FOR FATHER CROWLEY / PANAMINT PASS ASCENT**

Crew members, other than pacers, may never cross the roadway during the entire Father Crowley / Panamint Pass climb (a 12.2-mile stretch from Time Checkpoint 4 at Panamint Springs Resort at Mile 72.8 to “Panamint Pass” at Mile 84.9).

### **DRIVE and PARK SAFELY, CAREFULLY, AND NORMALLY**

Follow the rules of the road!

Driving may never be at the speed of any competitor. Driving must be done at the speed of normal traffic, never slowing down to encourage, talk to, or lend assistance to any competitor while moving.

Handing supplies from a moving vehicle is never allowed, nor is slowing down to speak with or to a competitor or other person while moving.

Vehicles must “leapfrog” the competitor at all times. Each “leapfrog” must be at least two miles or more in length, whenever possible.

Do not stop or park on the road! Vehicles must be parked completely off the road surface whenever they are stopped (with all four tires right of the white line). The doors on the left side of the vehicle must never be opened into the roadway, even momentarily. All exiting of the vehicle by active crew members must be from the right side of the vehicle; drivers may exit from left, but only if space allows for them to do so without their door opening into the roadway.

Crew members and runners must not stand on the left side of a parked vehicle (between the road and vehicle.)

All support vehicles must have their headlights on while driving, 24 hours a day, except when parked. (Use car flashers - but NOT headlights - when parked.)

### **LEAVE THE COURSE CLEANER THAN YOU FOUND IT!**

Don't drop any litter!

If you see any litter on or near the roadway, pick it up and dispose of it!

Do not leave poop along the course! When urinating, be out of sight!

All competitors, crew and staff must display courtesy, good taste, decorum, and sportsmanship at all times. Nudity is specifically not allowed.

## TIME CUT-OFFS

All competitors MUST have passed the following locations along the route within the cut-offs:

- Mile 50.8 (2000' Elevation Sign, located 8.6 miles beyond Stovepipe Wells): All competitors must pass by 1000am, Tuesday morning (regardless of starting wave.)
- Mile 72.8 (Panamint Springs Resort): All competitors must pass by 800pm, Tuesday evening (regardless of starting wave.)
- Mile 90.7 (Darwin Turn-Off): All competitors must pass by 500am, Wednesday morning (regardless of starting wave.)
- Beyond the Darwin Checkpoint, if it becomes clear that a Competitor will not be able to finish the race officially within the 48-hour time limit, that Competitor may be forced to withdraw from the course and the race prior to the actual conclusion of the 48 hours.
- Mile 122.8 (Lone Pine Dow Villa Motel): All runners must pass within 42 hours of individual start time.

## RULE ENFORCEMENT AND PENALTIES

1. Race rules are designed to provide a safe and fair experience for everyone involved and to help ensure our ability to produce the race again next year.
2. Major rule infractions by competitors or their crew, especially those regarding "cheating," will result in immediate disqualification of the competitor.
3. Other, lesser offenses will result in the following cumulative time penalties:
  - A WARNING may be issued, depending on the nature of the infraction, at the discretion of the race official (A "slash" will be marked on the competitor's bib.)
  - First Penalty: 15 minutes in a few circumstances, but One Hour in most cases. ("X" will be marked on the competitor's bib.)
  - Second Penalty: Disqualification
4. Time penalties are imposed by the penalized competitor stopping at the final Time Checkpoint in Lone Pine to serve his/her time penalty. The race and clock will continue while the penalized competitor waits out his/her penalty time. A Race Official will be present to oversee this process. Any competitor who is required to serve a time penalty, but does not stop to do so, will be disqualified.
5. The Race Director has the authority, at any time, to overrule any rule or invent a new rule based on extenuating, unforeseen, and/or unusual circumstances and/or to maintain the integrity and fair play necessary for the successful completion, and continuation, of the race. The Race Director has ultimate authority regarding regards to all rules, their interpretation, and their enforcement. There is no "appeals committee," nor an "appeals process." All entrants in the race, and their support crews, willingly acknowledge this fact, as well as all other race rules, by attending the race in any capacity.
6. In all cases and circumstances, it is the intent, and spirit, of the rules which will govern their implementation and enforcement.

**ALL Race Rules are important and must be followed!** (See Badwater.com & the magazine)

*Remember, you chose to be here!*

*Have fun and keep smiling!*